Acting for Mr Frew while he is away, I gave a report to the school for our Formal Assembly and I thought I would frame it around Respect. Respect seems an old fashioned word these days, however I heard a student say recently “Oh Sir he disrespected me” which suggested he knew what respect meant. In the dictionary it is defined as a feeling of admiration for someone or something elicited by their abilities, qualities, or achievements or due regard for the feelings, wishes, or rights of others. Respect helps society function more smoothly.

“So what does it look like?” I said to the audience. It’s the way we speak to each other whether student to student, student to teacher, teacher to student or parent to teacher. To students in particular, it’s following reasonable instructions and behaving and speaking civilly to others. Our Year 12 students, who are now in the process of leaving, have developed into fine young men and women who are autonomous, self-respecting citizens. The reports from the HSC supervisors were excellent. Over time they have both gained respect and shown respect to others and the school. Mr Spyroulias is to be thanked for all his efforts as their Year Advisor over the past 6 years.

The SRC students were inducted at our Formal Assembly and they deserve respect for putting themselves forward and volunteering their time to represent the students of their years and for their work as a team to enhance the school. They did a great job on their camp and worked hard on the SRC constitution and ideas for 2016. Mr Americanos, Ms Brown, Mr Grew and the SRC students should all be congratulated.

The teachers also deserve respect for the training they have undergone and continue to undergo as well as their ongoing efforts with our students. Respect should not be confused with like. The activities that run in the school such as volunteering, volleyball, Space Camp, Year Camps, Debating, sporting teams, dance, and the list goes on, are all possible through the good will of our teachers and as such they deserves to be treated with courtesy and respect. The students who returned from Space Camp this year had a great time and we have many more students wanting to go next year. Mr Spyroulias did a wonderful job with the organisation and taking the group to the USA.

Teachers are constantly reminded of the importance of developing relationships with students to enhance the teaching of
classes. The role of respect and courtesy and developing rapport with the students of their classes is one of the most important aspects of teaching in an Australian classroom.

The school endeavours to do the best for each of its students, understanding that they are growing individuals, who at times make mistakes. However by having clear standards of behaviour and consequences we can help students to learn the boundaries of behaviour and work ethic, two things necessary to go out into the work-force or onto further study. The school does not have a vested interest other than to help each student reach their potential. Parents will always support and want the best for their children although at times they may disagree with the implementation of policies of the school. There should still be an example of respect shown for what the school tries to do to help its students. It is good to see parents model the behaviour they want their children to leave school with when they are adults, that is, tolerance, courtesy and respect.

At times issues may arise that are broadcast across social media in its various forms and sometimes the information is incorrect or exaggerated. If parents are concerned over any issue they only need to ring the school and ask and we will let them know the situation. If ever an issue arises where we do need to notify parents we do so promptly either by note, sms, skoolbag, facebook or a phone call.

I wish all Year 12 the best and hope they achieve their goals for next year. I also look forward to seeing their results.

Mike Fry (Relieving Principal)

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**Parent Information**

Every year we are asked to update our records. Part of this up-date is to register each child’s parent’s level of education and their employment status.

This information is used to determine part of our financial allocation for the year.

I understand that some of this information is sensitive and I can assure you that any details are held in confidence.

If your circumstances have changed since you enrolled your child at Holsworthy High could you please contact the school as soon as possible so we can adjust our records.
I wish to extend my best wishes to Holsworthy High School’s Year 12 students who have completed their HSC exams and requirements. The skills and attributes they have displayed in the last six years should hold them in good stead for the next phase of their lives. Some students will wait nervously for their results while others are already attained employment or early entry for University. I would like to also thank Mr. Spyroulias for his continuing support of the group in his role as Year Advisor. Other key staff for the group have been Ms. Brown, Ms. Forbes and Ms. Leetham so I also wish to thank them for their continuing efforts. I hope the Year 12 students sensibly enjoy their Year 12 formal which is planned for the 26th of November.

Year 11 have also commenced their HSC study and should carefully read their assessment booklet which is on their school email. I would ask parents and students to consider holiday planning, work hours and other commitments in regard to the extra challenges associated with this important year. As with all things Holsworthy High School, organisation and effort will be the key to success in this endeavour. The HSC is commonly regarded as a marathon as opposed to a sprint, but it is a valuable year to make a continued effort. The Student Responsibilities, as per the student reports, are a simple list of behaviours that can clearly promote success. I ask that the parents and students consider this part of the reports as particularly important. Year 11 reports have been distributed to the students and they can provide an impetus to discussion at home and at school. The most functional approach to the HSC is a balanced approach with scheduled study, socialisation and exercise. A study timetable is valuable in time management and can be adjusted to fit the students’ assessment schedule. Ms. Condell, Mr. Lukins and I have also stressed the value of a support network that includes a staff member, a responsible adult, and a peer. The HSC can be stressful so a support team can be of real benefit.

For all other school years Term 4 presents a significant challenge and opportunity. Yearly and semester exams, assessment items and course work all contribute to student performance and reporting. As with Year 11, the Student Responsibilities are an excellent measure of your child’s commitment and effort. The capacity to follow simple instructions has a key role in both academic and behavioural development. Following instructions can be challenging for adolescents as they face challenges around authority and self-determination as they mature. The clear expectation at Holsworthy High School is that students will follow staff direction and instruction. When students comply with direction the student, class and school function more effectively and student access to academically engaged time increases. Failure to follow instructions can result in warnings, detentions and, in significant cases, even suspension. As always, the staff at Holsworthy High School appreciate your support in matters like these.

Finally, I have regular discussions with our Police Youth Liaison Officer, Sargent Bradley Parker from Liverpool Police Station. In these discussions, Sargent Parker recommends that the school make periodic reminders around student safety and ‘Stranger Danger’. Walking in groups, avoiding vehicles and residences of unknown people, and travelling in known areas at safe times are some of his recommendations to enhance student safety. If you have concerns about these matters I encourage you to contact Liverpool Police or the school. I can commend many of the students who consistently display safe and reasonable behaviour while keeping an eye out for each other.

Mr. Timothy Grew
FREE PARENT WORSHOP - HELPING LEARNER DRIVERS BECOME SAFER DRIVERS

Are any of your students looking to get their ‘L plates’, or already have them?

Liverpool Council is running a free Parents workshop called Helping Learner Drivers Become Safer Drivers

**When:** Tuesday 17 November 6pm-8pm

**Where:** Liverpool City Council - Blue Gum Room - Level 5 / 33 Moore Street - Liverpool 2170

**What it covers:** This RMS run workshop offers practical advice about supervising learner drivers, completing the Learner Driver Log Book and the benefits of driving practice.

**Who should attend:** parents and supervisors of learner drivers

We would appreciate if you could promote the workshop to your students and their parents.

Tea and coffee will be provided. Bookings are essential. For further information or to book, phone 9821 8835 or 9821 8838.

Kerrie White
Road Safety Officer (Wed/ Thurs)
Year 12 Advanced and Standard English students attended an excellent HSC English Study day Monday 2\textsuperscript{nd} November in the city. It was called \textit{Discovering Discovery for the 2016 HSC}. Students attended three sessions over the course of the day.

Session 1 was called Unpacking the concept of Discovery. The Area of Study for 2016 is Discovery with students attending learning lectures about the conceptual framework of Discovery and its different layers along with understanding how to write responses to the 2016 HSC paper 1’s Reading Task and Extended essay question.

Session 2 was titled Imaginative Writing for Discovery. The lecturer provided an exciting and inspiring mode of writing within the framework of the Discovery concept and showcased some techniques and strategies for students’ own imaginative writing.

Session 3 looked at discovering related texts for the Area of Study with the lecturer giving wonderful ways to expand students’ understanding of Discovery. He examined the importance of related texts in the final exam response but also tried to broaden students’ awareness and understanding of the concept of English in general. He gave text suggestions and model scaffolds for analysis and integration into a students’ sustained response.

It was a long day for our students but worth attending as they gained valuable insights into Paper 1 of the English HSC exam. Students conducted themselves impressively on the day and valued the contents of each lecture.
Discovering Discovery
2016 HSC Student Day
ENGLISH and DRAMA NEWS continued:

Hamlet

Year 11 Advanced and Year 10 English students had the pleasure of venturing to the Sydney Opera House on Wednesday 4th November to watch an outstanding production from Bell Shakespeare: *Hamlet*. The production team of Bell Shakespeare believe that a Shakespearean work was never meant to be read but to truly appreciate his work is to see it brought to life through live performance.

*Hamlet* is the most famous of all Shakespeare’s plays and one of the most enduringly popular.

Year 12 Advance will be studying it in 2016 as part of a HSC Module. So to see to live was exceptional. The character Hamlet is one of the most intelligent and tormented hero in all of world literature.

We were lucky to be offered complimentary theatre tickets along with a glossy program and a complimentary drink of orange juice, water or soft drink at the interval break. This was due to our hugely successful support of Bell Shakespeare. Despite a wet rainy day, students appreciated the outing to the city and to see such a wonderful live performance at the Opera House.

Ms Portolan
Jaime Oliver’s Tasty fish tacos

100g Plain wholemeal flower
2 ripe Kiwi fruit
4 spring onions
1 fresh ja la peno or green chilli
1 (30g) bunch of fresh coriander
2 limes
Tabasco chipotle sauce
1/4 (150g) small red cabbage
1 tablespoon Red wine vinegar
1/2 Orange
1 red or yellow pepper
2x 120g fillets of firm white fish, such as haddock, skin on, scaled and pin-boned, from sustainable sources
Olive oil
2 tablespoons natural yoghurt

Method
In a bowl, mix the flour and a pinch of sea salt with 60ml of water to form a dough. Knead for a couple of minutes, then put aside.

Peel the kiwi fruit, cut in half and put into a large dry non-stick frying pan on a medium heat with the green halves of the spring onions and the deseeded chilli. Lightly scald it all, turning every now and again, then place in a blender with half the coriander, the juice of 1 lime and a few shakes of chipotle Tabasco. Blitz until smooth, then taste and season to perfection. Very finely slice the red cabbage, ideally on a mandolin (use the guard!), scrunch with the remaining coriander leaves and the vinegar and orange juice, then season to perfection.

To make your tacos, divide the dough into four balls and roll out each one thinly. Cook each through in a non-stick pan for just 1 minute on each side until soft, turning when you see bubbles. Cover with a tea towel to keep warm.

Slice up the whites of the spring onions. Deseed the pepper and cut into 1cm dice. Slice the fish into 2cm strips, then toss with the spring onion, pepper and 1 tablespoon of oil. Return the pan you used for your tacos to a high heat and cook the fish mixture for around 4 minutes, or until the fish is cooked through and lightly golden. Divide the yoghurt, fish and veg between your warm tacos. Serve with the dressed red cabbage, that killer salsa and lime wedges for squeezing over, then devour!

Recipe from: Everyday Super Food by Jamie Oliver is published by Penguin Random House
GET ACTIVE
Defence Transition Mentor
Spring Update

As we progress towards the end of 2015 we seem to get busier as the time goes on. There are still so much to do in very little time.

Thank you to the students who have already notified me of their posting away from HHS. It is important if you are leaving before the end of the term that we are advised of a forwarding address. We don’t want students to arrive at their new school without their end of 2015 report J

Remembrance Day School Ceremony will be conducted by our cadets on Wednesday 11th November at 10.45am. ALL WELCOME to attend.

Year 7 and 8 Defence students will soon receive their permission slip for the excursion to the Kokoda Memorial Track in Concord. This excursion will be on Friday 20 Nov 15 in conjunction with Rememberance Day refections. Listen for announcements on assembly.

I am pleased to announce the winners of the Long Tan Australian Defence Force Leadership and Teamwork awards for 2015. Josh Robinson in Year 12 was presented his award at the Year 12 formal assembly by the Principal Mr Frew.

Shay-Lee Hewitt in Year 10 was presented her award at the school formal assembly by our dear friend and WW2 Kokoda Veteran Mr Chard. Congratulations to both of you – well done.
We have officially bid farewell to our Year 12 students and now they can breathe a sigh of relief as the HSC is over. We wish them our very best.

Mr Bruce Allen, retired Industrial Arts teacher travelled to the Western Front last month and located his Uncle Sid’s resting place. Mr Allen’s Uncle served in the First World War and now his memorial stands among others who perished in tragic circumstances.

Mr Allen placed his ANZAC Day HHS ceremony laminated card at his Uncle’s grave site. What a fitting tribute.

Good luck in your end of year exams – we hope for a great outcome in your end of year reports.

Keep well,
Ms Leetham - Defence Transition Mentor
YEAR ADVISORS

Ms Booker   Yr7
Ms Sproats  Yr8

Mr Wiles    Yr9
Mr Fernandez Yr10

Ms Condell  Yr 11
Mr Amerikanos Yr 11
Mr Spyroulias Yr 12
A Reminder to parent’s to notify the school about your child’s health

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.
WOMEN & GIRLS...

WANT TO PLAY CRICKET
But don’t know where to start?

Bankstown Sports Women’s Cricket Club provides girls and women the chance to learn and play the emerging sport of Women’s Cricket.

WE OFFER:
• Free Coaching by qualified coaches.
• Excellent training facilities: John Mackey Indoor Centre, Grahame Thomas Oval turf nets.
• World-class home grounds: Bankstown Oval, Grahame Thomas Oval, and Jenson Oval.
• Beginners through to advanced levels.
• Play for fitness, to have fun, make new friends, or to try something new.
• Bring a friend....
• everyone is welcome (ages 12 upwards).

Visit our website http://bswcc.nsw.cricket.com.au
Or contact
Justin Newman 0409151573
Email: bankstownwomenscricket@gmail.com
THUNDER GIRLS CRICKET LEAGUE

Girls only Cricket League
Saturday afternoons
Spring League (Oct – Dec)
Summer League (Jan – Mar)
T20 format – 8 a side games
u13 and u17 teams

Check out the website and join one of your local Clubs
sydneythundergirls cricket.com.au

Bankstown Sports Women’s Cricket Club
Justin Newman
0409151573 or bankstownwomenscricket@gmail.com
bswcc.nsw.cricket.com.au
If you are 12 to 18 years of age and want to have a say on what happens with the young people from your area join the first Youth Clicks Youth Committee.

Learn leadership skills and engage with other young people who want to make a difference.

Meetings are on Monday 330pm to 430pm during the schooling term At Wattle Grove Community Centre.

If You are interested contact:
Fernando Drogo at Wattle Grove Community Centre or at breakfast club
9825 2575—0403 136 099
Liverpool Youth and Family Support Service

... A confidential, solutions-focussed service supporting young people and their family through crises and difficult issues.

You are not alone. Let us support you.

Issues like...
- Bullying and cyber-bullying
- Abuse of alcohol and other drugs
- Homelessness, or at risk of being homeless
- Depression and mental health issues
- Truancy and disengagement from school
- Contact with the police, Juvenile Justice System
- Family relationship breakdown

Contact...

Emma Kassar
Youth Case Manager
The Junction Works
Phone: 9825 2575
Mobile: 0427 255 050
Email: emmak@thejunctionworks.org

Vanessa Rebello
Youth Case Manager
The Junction Works
Phone: 9825 2575
Mobile: 0410 530 523
Email: vanessar@thejunctionworks.org

Case Management • Decision Support • Information • Referrals • Counselling • Life skills development

The Liverpool Youth and Family Support service is provided by The Junction Works.
Ph: 02 8777 0500 www.thejunctionworks.org
School grounds must be secure and safe for students despite various areas being available for use by vehicles.

Due to pedestrian safety and traffic congestion issues, parents are asked to refrain from driving onto the school grounds unless they have official business ie. an appointment with staff.

The staff carpark is for the use of staff and delivery vehicles only and not for use by parents and students to drop off and pick up children.

Parents are encouraged to use the appropriate areas out the front of the school when needed.

We would like to thank the majority of families who take care to behave responsibly and park in safe and appropriate locations outside the school.
# School Zone Penalties Effective 1 July 2014

The values are doubled during designated holiday/long weekend periods.

<table>
<thead>
<tr>
<th>Offence</th>
<th>Minimum Fine</th>
<th>Minimum Loss of Demerit Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stop on or near:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• A pedestrian crossing</td>
<td>$415</td>
<td>2</td>
</tr>
<tr>
<td>• A children’s crossing</td>
<td>$415</td>
<td>2</td>
</tr>
<tr>
<td>• Any marked foot crossing</td>
<td>$415</td>
<td>2</td>
</tr>
<tr>
<td>Double park</td>
<td>$311</td>
<td>2</td>
</tr>
<tr>
<td>Park on a footpath or stop across a driveway</td>
<td>$173</td>
<td>2</td>
</tr>
<tr>
<td>Make an illegal U-turn</td>
<td>$311</td>
<td>3</td>
</tr>
<tr>
<td>Exceed 40km/h in a school zone in a light vehicle:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• 10 km/h and under</td>
<td>$182</td>
<td>2*</td>
</tr>
<tr>
<td>• Over 10 km/h</td>
<td>$327</td>
<td>4*</td>
</tr>
<tr>
<td>• Over 20 km/h</td>
<td>$545</td>
<td>5*</td>
</tr>
<tr>
<td>• Over 30 km/h</td>
<td>$1,053</td>
<td>6*</td>
</tr>
<tr>
<td>• Over 45 km/hr</td>
<td>$2,400</td>
<td>7*</td>
</tr>
<tr>
<td>Use a mobile phone while driving</td>
<td>$415</td>
<td>4</td>
</tr>
<tr>
<td>Fail to give way to a pedestrian</td>
<td>$519</td>
<td>4</td>
</tr>
<tr>
<td>Reverse unsafely</td>
<td>$242</td>
<td>3</td>
</tr>
<tr>
<td>Park within 3 metres of double barrier lines</td>
<td>$242</td>
<td>0</td>
</tr>
</tbody>
</table>

The minimum penalty for disobeying 'No Parking' is $173 and 2 demerit points. You may only stop here for 2 minutes and stay within 3 metres of your vehicle.

The minimum penalty for parking in a ‘Bus Zone’ is $311 and 2 demerit points. You can not stop here at all.

The minimum penalty for disobeying 'No Stopping' is $311 and 2 demerit points. You can not stop here at all. Parking on nature strips is also illegal.
ATTENTION PARENTS

If you have outdated uniforms you are planning to discard you are most welcome to bring them in to our Second Hand Uniform Shop. These uniforms are finding homes with other students and are very much appreciated by the parents.
The cashiers office is located in the school's Administration building. Although the Administration office is open all day payments can only be accepted between 7.45am and 2.00pm each day. 
Students can only make payments outside of class time, this means before roll call, during recess and lunchtime. Parents are able to make payments at any time during cashier opening hours.
Payments can be made by credit card (except American Express), EFTPOS, cash and cheques made payable to Holsworthy High School. Unfortunately at this time we can not accept payments over the phone by credit card.
PLEASE NOTE

The next meeting of the P & C is at 5.15pm on November 9 in the Learning Centre.

We encourage all parents to attend our P&C meetings and find out in more detail what happens at our school.

Future P&C Meetings are scheduled for December 7.

fx 82AU Casio Scientific
Cost:$25.00
DATES TO REMEMBER - 2015

Monday 9—Friday 13 November  
Year 9 exams

Monday 9 November  
P&C Meeting

Monday 23 November - Fri 27 November  
Crossroads, All My Own Work, School to Work programs

Thursday 26 November  
Yr12 Formal

Tuesday 1 December  
Business Concierge

Friday 4 December  
Mock Interviews

Monday 7—Friday 11 December  
Work Experience

Monday 7 December  
P+C Meeting

Monday 14 December  
Presentation Night

Tuesday 15 December  
Activity Day

Wednesday 16 December  
Last day of Term 4 for students

Reminder: Students need to arrive at school by 8:40am for roll call each day.