Welcome to 2016, another exciting year at Holsworthy High. From that last sentence you might get the idea I am really enthusiastic and keen to start the year. This is a typical response from most of the teachers and students however this is an easy approach at the beginning of any enterprise, the trick is to maintain that level of enthusiasm when the year rolls on and things get naturally more challenging.

For teenagers this is even more difficult with so many distractions available. It is a challenge to keep them on task with their school work and we need to work together to support them throughout the year.

Sometimes, despite your best efforts your child prefers watching TV, playing video games or complaining every time you remind them to do their work whether this is homework or some personal chores around the house. Many parents fear they're raising a lazy child. The good news is, many children who appear lazy, aren't really lazy at heart. Sometimes they need someone to identify what is holding them back. It is easy to confuse laziness with defiance. They might refuse to do as you ask in an attempt to test their limits or they might be frustrated say with homework they can't understand so they refuse to even get started. Determining why your child is unwilling to start or complete tasks is the first step into figuring out the best kind of motivation.

Clearly state what you expect from your child, using ‘I’ statements. This might mean saying, “I want you to do your homework now”, or if they play a musical instrument say “I want you to practise your instrument for 30 minutes”. Once you state your expectations, give your child an opportunity to complete the task. This is important, if they don't get moving, follow through with a negative consequence like no TV time or taking away their devices until their work is done. On the other hand, hard work should be rewarded. While basic daily tasks such as household chores, homework or even just getting ready for school do not require rewards, going above and beyond does. Make the rewards small but enjoyable. Most times your interest in them is enough.

It's good to remember Newton's First Law of Motion: An object at rest stays at rest. An object in motion stays in motion. If your child frequently lazes about around the house, it will be harder to get them up and motivated. Cultivate interests and activities that will boost overall productivity. A good start is to cultivate a desire to get more physical exercise by attending sporting events or playing rounds of tennis or basketball. Join your child in these activities to help show them that physical activity can be more fun than lazing around.

Finally it’s not only important to encourage your child, but also to encourage them appropriately. Constantly telling your child they are smart builds the impression that it comes naturally and, therefore, they won’t have to work harder. Instead, praise the effort, even if that hard work doesn't always pay off. But insist on the hard work. Never accept a poor job when you know they have barely exerted themselves and done only the bare minimum.
The year has started in its usual busy fashion, but with a bit more construction going on than usual. The new canteen upgrade is progressing well and should be finished in a few weeks. Over the holidays the boys and girls toilets were repainted and repaired ready for the start of the year.

From time to time students have accidents at school whether at sport or some other activity. It is important that parents are aware that schools do not have insurance to cover these accidents. If a student has an accident at school, medical costs are not covered by the school. The school does have ambulance cover and the trip to the hospital is covered from the school in the case of emergencies. There are insurance companies with which parents can take out policies to insure students at school. I have included an information flier about one of the insurers in this newsworthy for parents benefit.

Year 11 have started the year well, and it was good to see the standard of uniform the students are wearing. Year 11 students must be mindful to complete all work and be sure their attendance does not drop below 85%. It is good to establish early a regular working routine to organise their assessments as they start to be due. They should be studying and revising 2 hours a night, most nights, to keep on top of their work requirements.

Year 9 are settling in well as they embark on their stage five work. In Year 9 there are extension classes in most faculties but students are able to excel in whatever class they find themselves.

On Monday 29th of February we will be having our Year 6 into 7 Information Evening at 6.00pm. If you have friends thinking of sending their children to us in 2017 it would be worthwhile mentioning it to them. The school will be open on the night for them and their children to look around and get a feel for the school.

Whole School Photo Day

Just a reminder to parents that Holsworthy High School Photo Day will be on 11/3/16.

A Catch up Photo Day: 18/3/16

Students will be issued with a note that will include the schedule of Year group photo and a payment envelope closer to the photo day.

Please be aware-

* Students must wear whole school uniform.
* Payment is made to the photo company. No money is taken by the school and no change will be given out by the school. There are several payment options outlined on the payment envelope.
Dear Parent or Guardian:

IMPORTANT NOTICE

This important protection is available for just $29.00 per year.

Children being children accidents do happen and parents are too often surprised to learn just how little cover, if any, their children have when they suffer injuries either in or outside school hours.

Unfortunately severe injuries can place parents and guardians under severe financial pressure.

StudentCover accident insurance was developed to give parents and guardians a helping hand when they need it the most, at a very affordable price.

The annual cost of a StudentCover policy is just $29.00.

The cover provides protection for your children 24 hours a day, seven days a week, anywhere in the world* whether they are at school at the time of the accident or not, and includes almost every sport*.

Some of the features include (for more detail refer to the Schedule of Benefits on reverse):

- Compensation of $500,000 for major injuries such as paraplegia and quadriplegia;
- Compensation for other major injuries such as loss of sight or loss of use of a limb and death;
- Compensation for common injuries included such as broken bones, fractures, dislocations or loss of teeth;
- Fee relief following the death of a parent or guardian; and
- Help with student tutoring expenses as a result of total disablement, to ensure a child’s education suffers the least possible disruption.

How to apply

StudentCover is only available online – making it quick and easy to protect your child or children. Payment can be made by credit card at the time of application, or by BPAY once you receive your invoice.

To apply online simply go to www.studentcover.com.au and click APPLY NOW.

With a new school year now upon us, we trust you will see the value in taking up this offer and in doing so enjoy just a little more peace of mind when protecting your children.

Kind regards

Jennine Gould
Cert III (Brokering)
PersonalCover Division Manager

General Advice Notice - Our advice is provided for your general information and does not take into account your individual needs. StudentCover is underwritten by AIG Australia Limited (AIG) ABN 93 004 727 753 AFS Licence No. 381686.

(*some conditions apply - please read the Product Disclosure Statement available at www.studentcover.com.au for full details)
2016 School Contributions

Invoices for the 2016 School Contributions will be posted home during Week 4 of Term 1.

Please make sure your address details are up to date.

Although the Administration Office is open all day, payments can only be accepted between 8.30am - 2.00pm Monday to Friday. Students can only make payments outside of class time ie. before school and during recess and lunchtime.

We accept payments over the counter via EFTPOS, Credit (Mastercard or Visa), Cash or Cheque (made payable to Holsworthy High School).

Cheques can also be mailed to: Holsworthy High School Huon Crescent Holsworthy NSW 2073

Unfortunately at this time we do not accept payment over the phone but on 19 February we will be launching an online secure payment system.

Did you know that you can make payments to your child’s school online?

We will be launching a new online payment portal linked to our school’s website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?

- Voluntary School Contributions
- Subject Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other

When?
This payment method will go live on 19 February 2016.

How?
Log onto the school website on www.holsworthy-h.schools.nsw.edu.au Click on “Make a Payment” and follow the prompts to make a payment via Visa or MasterCard.
Welcome to 2016! In particular to our Year 7 students and their families and any new students and families across Year 8 to 12.

The English Faculty looks forward to yet another great year! We are extremely proud of the HSC Class of 2015 with solid results across Advanced and Standard English last year with students being accepted into a multitude of Universities and Tafe courses.

Holsworthy High School has a strong culture of public speaking, Debating and Drama and look forward to the commencement of our Inter school Debating challenges and our successful Drama Ensemble group.

The study of English from Kindergarten to Year 10 should develop a love of literature and learning and be challenging and enjoyable. It develops skills to enable students to experiment with ideas and expression, to become active, independent and lifelong learners, to work with each other and to reflect on their learning.

English K-10 Syllabus
This is from the K-10 English Syllabus and it encapsulates the study of English across the year groups. Students will continue to develop their capacity for communication through reading, writing, speaking, listening, viewing and representing. They will be able to question, analyse, examine, assess, clarify and solve problems through a variety of imaginative learning experiences. These skills will allow students to develop control of language in ways that will help them in their lifelong learning.

In Stages 4 (Year 7 and 8) and 5 English (Year 9 and 10) students will read, listen to and view a variety of texts that are appropriate to their needs, interests and abilities. Texts will be under the following branches of fiction, poetry, film, nonfiction and drama. This will include Australian literature, Shakespearean drama, digital and multimedia texts.

In Year 11 Preliminary English (Advanced and Standard), students will explore and experiment with the ways events, experiences, and processes are represented in and through texts. Texts selected include a selection of Australian and other texts, fiction, drama, poetry, nonfiction, film and media. Students will have the opportunity to compose and analyse texts through the modes of reading, writing, listening, speaking, viewing and representing along with engaging in the integrated study of language and text.

Year 12 Advanced and Standard English will continue with preparation for the HSC as commenced last year in Term 4. They will commence study of their Modules which emphasise particular aspects of shaping meaning and representation, questions of textual integrity, and ways in which texts are valued. We encourage students close study of each particular text along with students continuing to read widely and selecting supplementary texts for their Modules. Teachers will give students a scope and sequence of the texts selected for study. Assessment schedules can be found in student’s dairies and for the seniors emailed to them via the DEC portal. It will be a creative exciting year and we look forward to working with all our students, parents and guardians.

Our first Parent Teacher night this term will be held Monday 14th March for Year 7 and 12 and this is a wonderful time to touch base with your child’s teachers.

I have also organised an Incursion for Years 7, 8 and 9 to watch a Bell Shakespeare- Actors at Work performance called Such Sweet Sorrow on the 23rd March in our school hall (Permission notes will be available soon)

Welcome the English/ Drama Faculty!!!
Ms Portolan, Mrs Davis, Ms Bell, Mr Radwanowski, Mrs Pardalis, Mr Judge and Ms Mikhail.
The sixth annual Young Writer’s Day was held again on the 14th of September 2015 at UWS Campbelltown campus.

Four Students, Shae Pace, Alex Langman, Kiani Walker, and Brianna Peel from Yr10 Advanced English were lucky enough to join 154 year 10 and 11 students from 17 Greater Western Sydney high schools.

The aim of the day is to improve young people’s confidence in writing and to give tips to improve their writing skills. The students spent the entire day participating in writing workshops and listening to published writers and experts.

Workshops were facilitated by academics and authors including Michael Mohammed Ahmad, Barbara Aysen, Lilly Blue, Luke Carman, Louise Carter, Felicity Castagna, Lynn Garlick, Emily Maguire, Dr Rachel Morley, Murray Robertson, Pip Smith, Katie Sutherland and Robyne Young. Michael Murray ran a workshop for teachers on 'Nurturing a Writing Culture in our Classrooms and Schools'.

Students were also invited to take part in a writing contest whereby they could have their work published and win an Ipad.

It was an enjoyable day and the students spent time in a tertiary learning environment discussing writing with peers. Thanks to Mr Rad for taking the excursion.

Any young writers out there interested in participating in 2016 see Mr Rad or Ms Portolan.
PDHPE

Welcome to 2016!

We had a very busy end of year with our TSP gala day and presentation. A big thank you must go to Moorebank Sports Club for their support and contribution to this program and also Mr Sampson and Mr Warby for organising this event. Congratulations especially to our TSP Rugby League Team and Girls Soccer who won overall on the Gala Day against Cambridge Park High School.

The program will again continue this year and will include:

<table>
<thead>
<tr>
<th>Year</th>
<th>Theory</th>
<th>Practical</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Me, You and Others</td>
<td>Cooperative Games</td>
</tr>
<tr>
<td>8</td>
<td>My Life, My Choices</td>
<td>Moovin’ &amp; Groovin’</td>
</tr>
<tr>
<td>9</td>
<td>Media Watch</td>
<td>Game On</td>
</tr>
<tr>
<td>10</td>
<td>Celebrating Diversity</td>
<td>So You Think You Can Dance</td>
</tr>
</tbody>
</table>

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Year 7 will have a swimming unit coming up that will commence in Week 6 next door at Holsworthy Aquatic Centre. Notes will be forwarded shortly by their class teachers. An opportunity for year 7 students to participate in the Surf Awareness program at Cronulla will be held in Week 6 on Thursday 3rd March. Notes for this excursion will also be sent home shortly.

There will be opportunities for other specific sports training throughout the year.

Within PDHPE this term students will be studying a variety of topics. Students are reminded that they are required to bring their FULL PE uniform for all practical lessons and for their Integrated Sport times. This includes Wednesday Sport. The uniform consists of the Navy and Gold Polo Shirt and Navy Blue Shorts with appropriate footwear. NO TIGHTS are permitted. Our uniform is available at our local uniform shop. If students are unable to bring the correct uniform on the day then a note needs to be provided to their class teacher.

Overview of Study PDHPE Term 1

Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Year 7 will have a swimming unit coming up that will commence in Week 6 next door at Holsworthy Aquatic Centre. Notes will be forwarded shortly by their class teachers. An opportunity for year 7 students to participate in the Surf Awareness program at Cronulla will be held in Week 6 on Thursday 3rd March. Notes for this excursion will also be sent home shortly.

Welcome to 2016!

We had a very busy end of year with our TSP gala day and presentation. A big thank you must go to Moorebank Sports Club for their support and contribution to this program and also Mr Sampson and Mr Warby for organising this event. Congratulations especially to our TSP Rugby League Team and Girls Soccer who won overall on the Gala Day against Cambridge Park High School.

The program will again continue this year and will include:

<table>
<thead>
<tr>
<th>Year</th>
<th>Theory</th>
<th>Practical</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>Me, You and Others</td>
<td>Cooperative Games</td>
</tr>
<tr>
<td>8</td>
<td>My Life, My Choices</td>
<td>Moovin’ &amp; Groovin’</td>
</tr>
<tr>
<td>9</td>
<td>Media Watch</td>
<td>Game On</td>
</tr>
<tr>
<td>10</td>
<td>Celebrating Diversity</td>
<td>So You Think You Can Dance</td>
</tr>
</tbody>
</table>

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.

Within all areas of study under PDHPE we will be having a strong focus on the students’ ability to analyse and present their findings in written form. We encourage students to think about what it is they are writing and how they are responding to tasks provided in class. It is an opportunity for students to demonstrate their knowledge and understanding in depth in various forms. Students in elective classes would have received their scope and sequence and identified their areas of study with their teachers. PASS / SLR Shirt orders forms have been given to students and will need to be returned with payment by Thursday 18th February.
A Reminder to parent’s to notify the school about your child’s health.

We welcome information from parents about your child’s health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care needs change or if a new health condition develops.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the Principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

Please remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide to the school will be stored securely and will only be used or disclosed in order to support your son or daughter’s health needs or as otherwise required by law.

Knockout Sport Trials will be commencing in various sports. Students are encouraged to listen out at assemblies for trial dates and times. The School’s Swimming Carnival will be on Friday 12th February at the Whitlam Centre. Students will still need to attend roll call in the morning and provide payment when entering the bus. A note will be forwarded to all students with further information regarding the day.

Various Dance Ensemble auditions will be held in the upcoming weeks. These include School Ensembles as well as School Spec, COS and Cross Network. Interested students will need to ensure they collect all relevant paperwork if they wish to be considered. Announcements will be made at assemblies and through Facebook.

We are looking forward to another successful year!

Ms R Forbes
HT PDHPE / CAPA Coordinator.
ENRICHMENT

What a busy end to the year last year with our first Enrichment Expo. Thank you again to all the students who participated and worked so hard in preparing their presentations for the afternoon. It was a pronounced success and worthwhile experience for all involved.

A special mention to Ms Pardalis and Mr Papac for their assistance in ensuring the expo was a success. Students received their Certificate at a morning tea held later that week to acknowledge all their hard work and dedication.

Throughout this year students will be involved in various opportunities to enhance their learning experiences. They will again be involved in cooperative learning strategies within the Learning Centre which will allow them to explore and enhance their writing techniques. We aim to provide cross curricular opportunities outside of the classroom throughout the year across Years 7 – 10.

Looking forward to another successful year,

Ms R Forbes
Enrichment Coordinator
HT PDHPE
Expressions of interest and enquires

www.spacecamp.com.au

or contact Dr. Ken Silburn
President LAZSTA
Mobile: 0402412358
Email: ken.silburn@gmail.com

Check out the other iSTEM science enrichment opportunities available at

www.istem.com.au

NSW 2014 recipient of the Australian Institute of Physics Outreach Award
Welcome to the new school year and a special welcome to all of the year 7 students and all new students who have joined us at Holsworthy High!

For those who don’t know me, I am Ms Maria Leetham and I am the Defence Transition Mentor at the school. The position is a full time allocated role with Ms Carr working on Mondays and with me working the remainder of the week.

Currently Ms Carr and I are visiting the yr 7 and new Defence students to ensure their transition into HHS is a smooth one. At this stage there have been smiles all round, but just keep in mind that it may not all be smooth sailing with the added challenges that a Defence student may encounter. Ms Carr and I are located in the Learning Centre and you may join us for recess and lunch in the air-conditioned comfort.

I will be announcing an exciting new Defence initiative for the year 7 and year 8 students that will be conducted by our friend Fernando from Junction Works from Wattle grove soon. Come and see him on Fridays for free breakfast on the Learning Centre balcony to find out more.

Should you wish to contact me, please call 9825 2888 or via my email address listed below.

Take care,
Ms Maria Leetham
Defence Transition Mentor
maria.leetham@det.nsw.edu.au

---

**Parent Information**

Every year we are asked to update our records. Part of this update is to register each child’s parent’s level of education and their employment status.

This information is used to determine part of our financial allocation for the year.

I understand that some of this information is sensitive and I can assure you that any details are held in confidence.

If your circumstances have changed since you enrolled your child at Holsworthy High could you please contact the school as soon as possible so we can adjust our records.
YEAR ADVISORS

Ms Mikhail Yr7               Ms Booker Yr8               Ms Sproats Yr9

Mr Wiles Yr10               Mr Fernandez Yr11

Ms Condell Yr 12            Mr Amerikanos Yr 12
Welcome back to our whole school community for another exciting school year and especially to the Year 8 students.

Year 8 welcome to your second year of high school. The playground, the school facilities, the school daily routine and staff will all be familiar. You will find some things have changed but the core of your daily experience is still the same. I am looking forward to another great year of learning.

Please remember to:
Be Ready, Be Respectful and Be Responsible.

I would like to wish all of our students and their families well for the year ahead, and look forward to continuing to look after the wellbeing of our year group. Please don’t hesitate to contact the school and make an appointment or a phone call if you would like to discuss a matter pertaining to your child’s welfare and progress here at school.

Diaries

Year 8 students have been issued with their school/homework diaries. It is IMPORTANT skill for students to learn how to be able to keep themselves organised in terms of school work and commitment. Keeping track of homework, Assessment Tasks and events at school is made easier by being diligent in recording this important information in your diary.

Staying on top of homework and assignment completion can be tricky so students need to be consistent. As a Year 8 student, I would expect you to be familiar with using your student/homework diary and be aware of what it takes to balance your commitments in order to work towards achieving your best in all classes and extra-curricular Activities. I strongly encourage you to make good use of your Diary and I am requesting Diaries to be brought to Roll Call each morning so any important daily information can be recorded. I will be requesting that all year 8 students have their Diaries out on their desk for each lesson to record homework, class work or assessment tasks that need to be completed.

I would encourage parents to regularly check in and check out what is happening for Year 8 at Holsworthy High via their child’s student diary. Communication with staff via your child’s student/homework diary is also another option.

Extra-Curricular Activities

It’s that time of year again. Term 1 always sees a host of extra-curricular opportunities present themselves for students to be involved in at Holsworthy High. From Band, Dance, and Drama ensembles, to Public Speaking, Debating, and Sporting teams. Students should visit the appropriate Faculties to express their interest in these opportunities. Also a reminder that Holsworthy High runs a Homework Club and Maths Boost one afternoon a week to assist students with their studies and progress. Further information regarding the days and times will be announced and finalised.

I would encourage all students to become involved and attend.

I would like to acknowledge how wonderful Year 8 looked on their first day they were all very well presented in their school uniform. Thank you it was a good start.

Ms Rowena Booker
Year 8 Advisor 2016
School grounds must be secure and safe for students despite various areas being available for use by vehicles.

Due to pedestrian safety and traffic congestion issues, parents are asked to refrain from driving onto the school grounds unless they have official business ie. an appointment with staff.

The staff carpark is for the use of staff and delivery vehicles only and not for use by parents and students to drop off and pick up children.

Parents are encouraged to use the appropriate areas out the front of the school when needed.

We would like to thank the majority of families who take care to behave responsibly and park in safe and appropriate locations outside the school.
School Zone Penalties Effective 1 July 2015

* The values are doubled during designated holiday/long weekend periods.

<table>
<thead>
<tr>
<th>Offence</th>
<th>Minimum Fine</th>
<th>Minimum Loss of Demerit Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stop on or near:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• A pedestrian crossing</td>
<td>$425</td>
<td>2</td>
</tr>
<tr>
<td>• A children’s crossing</td>
<td>$425</td>
<td>2</td>
</tr>
<tr>
<td>• Any marked foot crossing</td>
<td>$425</td>
<td>2</td>
</tr>
<tr>
<td>Double park</td>
<td>$319</td>
<td>2</td>
</tr>
<tr>
<td>Park on a footpath or stop across a driveway</td>
<td>$177</td>
<td>2</td>
</tr>
<tr>
<td>Make an illegal U-turn</td>
<td>$319</td>
<td>3</td>
</tr>
<tr>
<td>Exceed 40km/h in a school zone in a light vehicle:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• 10 km/h and under</td>
<td>$186</td>
<td>2*</td>
</tr>
<tr>
<td>• Over 10 km/h</td>
<td>$335</td>
<td>4*</td>
</tr>
<tr>
<td>• Over 20 km/h</td>
<td>$558</td>
<td>5*</td>
</tr>
<tr>
<td>• Over 30 km/h</td>
<td>$1,078</td>
<td>6*</td>
</tr>
<tr>
<td>• Over 45 km/hr</td>
<td>$2,457</td>
<td>7*</td>
</tr>
<tr>
<td>Use a mobile phone while driving</td>
<td>$425</td>
<td>4</td>
</tr>
<tr>
<td>Fail to give way to a pedestrian</td>
<td>$531</td>
<td>4</td>
</tr>
<tr>
<td>Reverse unsafely</td>
<td>$248</td>
<td>3</td>
</tr>
<tr>
<td>Park within 3 metres of double barrier lines</td>
<td>$248</td>
<td>0</td>
</tr>
</tbody>
</table>

The minimum penalty for disobeying ‘No Parking’ is $177 and 2 demerit points. You may only stop here for 2 minutes and stay within 3 metres of your vehicle.

The minimum penalty for parking in a ‘Bus Zone’ is $319 and 2 demerit points. You can not stop here at all.

The minimum penalty for disobeying ‘No Stopping’ is $319 and 2 demerit points. You can not stop here at all. Parking on nature strips is also illegal.
**High school**

**Helping with homework**

You can:
- help your child with assignments, but don’t do the work for them as this doesn’t help your child to learn
- let the school know of any family situation that may interfere with home work
- chat to your child’s teacher if your child is finding homework too hard
- help your child to have a regular time each day to do their homework
- help your child manage their time when they have lots of assignments at the same time
- help your child research information on the internet by directing them to useful sites, such as [www.tale.edu.au](http://www.tale.edu.au)
- encourage children to re-read their writing to check for spelling and punctuation.

Sometimes it’s easier to find ways to improve writing when it’s read aloud. Encourage and praise all of your child’s efforts.


---

**PLEASE NOTE**

The first meeting of the P & C for 2016 is on February 8 at 6.00pm in the Learning Centre.

We would like to extend a warm welcome to all the new parents at H.H.S and encourage them to attend our P&C meetings to find out in more detail what happens at our school.

Below is a list of the other scheduled meetings for 2016:

- 21 March
- 16 May
- 20 June
- 22 August
- 12 September
- 17 October
- 14 November
- 12 December

---
ORAL HEALTH SERVICES
FOR CHILDREN UNDER 18 YEARS

IT’S FREE!

We accept Medicare Child Dental Benefits

Dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics.

Clinic Locations:
BANKSTOWN NORTH | FAIRFIELD | INGLEBURN
LIVERPOOL | NARELLAN | ROSEMEADOW | YAGOONA

PHONE (02) 9293 3333
BOWRAL AND TAHMOOR - PHONE 1300 559 393
Youth Clicks

Youth Committee

- If you are 12 to 18 years of age and want to have a say on what happens with the young people from your area join the first Youth Clicks Youth Committee.
- Learn leadership skills and engage with other young people who want to make a difference.

Meetings are on Monday 330pm to 430pm during the schooling term at Wattle Grove Community Centre.

If You are interested contact:
Fernando Drogo at
Wattle Grove Community Centre or at breakfast club
9825 2575—0403 136 099
Liverpool Youth and Family Support Service

... A confidential, solutions-focused service supporting young people and their family through crises and difficult issues.

Issues like...
- Bullying and cyber-bullying
- Abuse of alcohol and other drugs
- Homelessness, or at risk of being homeless
- Depression and mental health issues
- Truancy and disengagement from school
- Contact with the police, Juvenile Justice System
- Family relationship breakdown

Contact...
Emma Kassar
Youth Case Manager
The Junction Works
Phone: 9825 2575
Mobile: 0427 255 050
Email: emmak@thejunctionworks.org

Vanessa Rebello
Youth Case Manager
The Junction Works
Phone: 9825 2575
Mobile: 0410 530 523
Email: vanessar@thejunctionworks.org

Case Management • Decision Support • Information • Referrals • Counselling • Life skills development

The Liverpool Youth and Family Support service is provided by The Junction Works.
Ph: 02 8777 0500  www.thejunctionworks.org
Please ensure Student and Family information is up to date.
The teen fitness specialist

Get healthy in 2016!
Learn skills now that will last a lifetime
Increase self-esteem, relieve anxiety
and boost brainpower

6 week program starts Monday Feb 15th  Spaces limited
Fat loss/conditioning class 3.30-4.15  Strength class 4.15-5pm
Sport-specific training and adult sessions available by appointment

☎ NATHANRPT  ☎ 0452 196 881
✉ nathanrendell@live.com.au
Facebook NATHAN RENDELLS PERSONAL TRAINING

fx 82AU Casio Scientific
Cost:$25.00
## DATES TO REMEMBER - 2016

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 8 February 2015</td>
<td>P &amp; C Meeting</td>
</tr>
<tr>
<td>Friday 12 February 2015</td>
<td>School Swimming Carnival</td>
</tr>
<tr>
<td>Monday 29 February</td>
<td>Yr6 into 7 Information session</td>
</tr>
<tr>
<td>Friday 11 March</td>
<td>School Photo Day</td>
</tr>
<tr>
<td>Monday 14 March</td>
<td>Yr7 + Yr12 Parent Teacher Night</td>
</tr>
<tr>
<td>Monday 14 March</td>
<td>HSC Information Night</td>
</tr>
<tr>
<td>Monday 14 March</td>
<td>Regional Swimming Carnival</td>
</tr>
<tr>
<td>Friday 18 March</td>
<td>School Photo Day catch up</td>
</tr>
<tr>
<td>Monday 21 March</td>
<td>P &amp; C Meeting</td>
</tr>
<tr>
<td>Friday 25 March</td>
<td>GOOD FRIDAY</td>
</tr>
<tr>
<td>Monday 28 March</td>
<td>EASTER MONDAY</td>
</tr>
<tr>
<td>Thursday 31 March– Friday 8 April</td>
<td>Yr12 Half Yearly exams</td>
</tr>
<tr>
<td>Friday 1 April</td>
<td>Year 7 vaccinations</td>
</tr>
<tr>
<td>Friday 8 April</td>
<td>Last day of Term 1</td>
</tr>
</tbody>
</table>

**Reminder:** Students need to arrive at school by 8:40am for roll call each day.